

**Note:**

**Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.**

## ***COURSE SYLLABUS***

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### **NURS 210**

#### **HEALTH ASSESSMENT**

#### **COURSE DESCRIPTION**

This course focuses on the development of a body systems approach to health assessment of individuals emphasizing normal growth and developmental responses across the lifespan. Content includes an introduction to the knowledge and skills of health assessment through a variety of methodologies in the classroom, opportunities to practice skills in the nursing laboratory and experiences in the clinical settings. Students apply communication techniques in eliciting comprehensive health histories and perform physical examinations in evaluating health status.

#### **RATIONALE**

The professional nurse is often called upon to make independent decisions regarding the decision of patient care problems. This course serves as an introduction to patient assessment. Normal physical and developmental processes must be understood in order to recognize abnormal responses.

#### **I. PREREQUISITE**

RN License in good standing.

#### **II. REQUIRED RESOURCE PURCHASES**

Click the following link to view the required resources for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

#### **III. ADDITIONAL MATERIALS FOR LEARNING**

- A. Access to a copy of *Publication Manual of The American Psychological Association* – most recent edition.
- B. Preceptor for Final Exam
- C. Computer with basic audio and video equipment
- D. Internet access (broadband recommended)
- E. Microsoft Word and PowerPoint  
(Microsoft Office is available at a special discount to Liberty University students.)
- F. Plug-ins such as Flash 7, Quick Time 5 or greater, Shockwave 8.5 or greater (one of these are needed to view animations and are downloadable free within the course under Software Requirements in the About Your Course area) and Adobe Acrobat.

**IV. MEASURABLE LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

- A. Assess body systems using the four modalities of the physical examination: inspection, palpation, percussion and auscultation in proper sequence, technique and identify normal and abnormal findings.
- B. Assess his/her interviewing skills as related to health assessment data collection utilizing effective communication, interpretation of objective and subjective data and appropriate documentation.
- C. Depict how technology has changed the physical assessment process over a period of years and be familiar with current assessment equipment and assessment verification options .
- D. Summarize legal responsibilities related to the physical assessment and know how to identify and locate appropriate patient referral contacts.
- E. Evaluate the interactions between health, economic, social, and political status and be aware and accept of cultural differences and their impact on health care.
- F. Integrate an attitude of caring to client/nurse relationships and incorporate behaviors related to a Christian value system in the provision of nursing care.

**VI. COURSE REQUIREMENTS AND ASSIGNMENTS**

- A. Textbook readings, lecture presentations and interactive exercises
- B. Discussion Board forums (7)

Forums will be completed in two parts: students will post a thread (250 word minimum) in answer to the question presented based on textbook readings and clinical experience and reply to at least two other classmates' threads (150 word minimum each). The thread is due by 11:59 p.m. (ET) on Friday and two replies are due by 11:59 p.m. (ET) on Monday of the same module/week, excluding Module/Week 8 when threads and replies are due by 11:59 p.m. (ET) on Friday.

- C. Health History Examination

Prior to completing the health history examination, a Phathogens form must be submitted by 11:59 p.m. (ET) on Monday of Module/Week 1. Students will complete one client physical health history examination on an adult aged 18 or over (legal consenting age-may vary per state) by 11:59 p.m. (ET) on Monday of Module/Week 1.

- D. SOAP Note:

Students will complete one SOAP note. The SOAP note will be written on the face, head and neck examination. The SOAP note will be due by 11:59 p.m. (ET) on Monday of Module/Week 3.

## E. Article Critique

Students will write a one-page article critique on a cardiovascular or blood vessel disorder peer reviewed article using proper APA format, including a title page and reference page. This assignment is due by 11:59 p.m. (ET) on Monday of Module/Week 5.

## F. Group PowerPoint Presentation

Students will be working in assigned groups and prepare a PowerPoint presentation on the group assigned topic. The presentation will include a title slide, 6–8 slides discussing a health promotion topic related to the assigned body system, a reference slide, and a grading scale slide. This assignment is due by 11:59 p.m. (ET) on Friday of Module/Week 8.

## G. Didactic Physical Exam

Each student is required to complete a Didactic Physical Final Exam (head to toe assessment) on a consenting adult age 18 or greater. This Didactic Physical exam will be completed in the presence of an advanced practice nurse with a Master of Science in Nursing degree with a clinical component.

## H. Quizzes (2)

Students will complete two quizzes in Modules/Weeks 2 & 6. Quizzes have a one hour time limit and are open book/open notes with 25 multiple-choice questions.

## I. Exams (2)

The two exams in this course are a Midterm Exam in Module/Week 4 comprised of 50 multiple-choice, open note/open book questions and a Final Exam in Module/Week 7 comprised of 100 multiple-choice, open-note/open book questions. The Midterm Exam will have a one hour time limit and the Final Exam will have a two hour time limit.

**VII. COURSE GRADING AND POLICIES**

## A. Points

Discussion Board forums (7 at 15 pts ea)	105
Health History Examination	100
SOAP Note	25
Article Critique	100
Group PowerPoint Presentation	120
Didactic Physical Exam	200
Quizzes (2 at 25 pts ea)	50
Midterm Exam	100
Final Exam	200
<b>Total</b>	<b>1000</b>

## B. Scale

A = 930–1000    B = 850–929    C = 770–849    D = 680–769    F = 0–679

C. Late Assignments

All assignments and postings are expected to be completed on time. For each day the assignment is late, 10% of the total assignment grade will be deducted. For example, 100 pt assignment at one day late is 90, two days is an 80, and so on. And at Day 5, the assignment will not be accepted, and the grade will be a 0.

D. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at [LUOODAS@liberty.edu](mailto:LUOODAS@liberty.edu) to make arrangements for academic accommodations.

## ***COURSE SCHEDULE***

### **NURS 210**

Textbook: D'Amico & Barbarito, *Health and Physical Assessment in Nursing* (2012).

<b>WEEK/ MODULE</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>1</b>	D'Amico & Barbarito: chs. 1, 3-10 2 presentations	Course Requirements Checklist Class Introductions DB Forum 1 Pathogens Form Health History Examination	0 0 15 0 100
<b>2</b>	D'Amico & Barbarito: chs. 11 & 12 6 presentations	DB Forum 2 Quiz 1	15 25
<b>3</b>	D'Amico & Barbarito: chs. 13 & 14 7 presentations	DB Forum 3 SOAP Note	15 25
<b>4</b>	D'Amico & Barbarito: chs. 17 & 18 4 presentations	DB Forum 4 Midterm Exam	15 100
<b>5</b>	D'Amico & Barbarito: chs. 15- 16, 19 2 presentations	DB Forum 5 Article Critique	15 100
<b>6</b>	D'Amico & Barbarito: chs. 20 & 21 4 presentations	DB Forum 6 Quiz 2	15 25
<b>7</b>	D'Amico & Barbarito: chs. 23 & 24 6 presentations	Final Exam	200
<b>8</b>	D'Amico & Barbarito: chs. 2, 28 8 presentations	DB Forum 7 Group PowerPoint Presentation Didactic Physical Exam	15 120 200
<b>TOTAL</b>			<b>1000</b>

DB = Discussion Board

**NOTE:** Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.