

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

CCOU 305

HEALTHY SEXUALITY

COURSE DESCRIPTION

This course provides a panorama of sexual challenges that men and women are currently experiencing, as well as the results of a national report on the sexuality of Christian men and women. This vibrant and fascinating study enables students to gain a better understanding of the complexities and fundamental differences of male and female sexuality and marital intimacy in contrast to cultural myths and distortions.

RATIONALE

Our world is permeated with sexual problems: infidelity, pre-marital sex, sexual abuse, and sexual addictions of various kinds. This program helps to define and identify healthy sexuality, and then provides clinically-excellent guidance on how to help persons achieve it.

I. PREREQUISITES

None

II. REQUIRED RESOURCE PURCHASES

Click on the following link to view the required resources for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. RECOMMENDED RESOURCES

Clinton, T., *The Bible of Hope: Caring for People God's Way*. Nashville, TN: Thomas Nelson, 2007. ISBN: 0718020146

IV. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer
- B. Internet access (broadband recommended)
- C. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)
- D. Healthy Sexuality Work Text Lecture Notes

V. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Explain the biblical foundations of healthy sexuality.
- B. Analyze literature pertaining to sexuality.
- C. Discuss pertinent sex-related issues that exist today.
- D. Evaluate the broad categories of sexual dysfunction.
- E. Recognize sexual harassment in professional environments.
- F. Analyze the pitfalls of pornography, homosexuality and STDs.

VI. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and Work Text lecture notes
- B. Discussion Board forums (4)

Students will complete eight discussion board forums that specifically relate to weekly content. Each forum will be completed in two parts: 1) the student will submit a thread in answer to the question provided no later than 11:59 p.m. (ET) on Friday of the week assigned, and 2) the student will then post replies to at least two other classmates' threads no later than 11:59 p.m. (ET) on Monday of the same week.

- C. Book Review and Critique

Students will read *The Gift of Sex* text then write and submit a review and critique of the major themes of the book. The review should summarize the content of the five major headings of the book, and analyze the content as it relates to one's sexuality and intimate relationships. The critique should be objective, not personal and should contain at least five (5) professional citations (journal articles), have between 10 -15 pages of content, and include title, abstract, and reference pages.

- D. Exams (4)

Students will complete four exams which are non-cumulative and cover the material presented in the Work Text lecture notes. These exams are open-book and open-note, and comprise of both multiple-choice and true/false questions.

VII. COURSE GRADING AND POLICIES

A. Points

Discussion Board forums (4 at 100 pts ea)		400
Book Review & Critique		200
Exam 1	(Lectures 101–106)	100
Exam 2	(Lectures 203–206 & 301- 304)	100
Exam 3	(Lectures 305–306 & 401- 406)	100
Exam 4	(Lectures 501–506)	100
	Total	1000

B. Scale

A = 900–1000 B = 800–899 C = 700–799 D = 600–699 F = 0–699

C. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations.

COURSE SCHEDULE

CCOU 305

Textbooks: Penner & Penner, *The Gift of Sex*, (2003).
Clinton, *The Bible for Hope*, (2007). (**Recommended**)

WEEK/ MODULE	READING & STUDY	ASSIGNMENTS	POINTS
1	Clinton: Sexuality, Love & Marriage** Penner & Penner: chs. 1–5 4 Lecture Notes 4 Presentations	DB* Forum 1	100
2	Clinton: Sex in Marriage & Marital Problems Penner & Penner: chs. 6–10 4 Lecture Notes 4 Presentations	EXAM 1	100
3	Clinton: Temptation & Sexual Sin Penner & Penner: chs. 11–15 4 Lecture Notes 4 Presentations	DB Forum 2	100
4	Clinton: Singleness, Pre-marital Relationships & Infertility Penner & Penner: chs. 16–20 4 Lecture Notes 4 Presentations	EXAM 2	100
5	Clinton: Jealousy, Relationships & Sexual Integrity Penner & Penner: chs. 21–25 4 Lecture Notes 4 Presentations	DB Forum 3	100
6	Clinton: Addiction & Adultery Penner & Penner: chs. 26–30 4 Lecture Notes 4 Presentations	EXAM 3	100
7	Clinton: Abortion & Homosexuality Penner & Penner: chs. 31–35 4 Lecture Notes 4 Presentations	DB Forum 4	100

WEEK/ MODULE	READING & STUDY	ASSIGNMENTS	POINTS
8	Clinton: Forgiveness, Healing & Restoration Penner & Penner: chs. 36 & 37 2 Lecture Notes 2 Presentations	Book Review & Critique EXAM 4	200 100
TOTAL			1000

*DB = Discussion Board

**Please note: The Clinton readings correlate to the topics found in the Topical Index of the book. They are recommended readings.

NOTE: Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.