

**Note:**

**Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.**

## ***COURSE SYLLABUS***

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### **CCOU 304**

#### **CHRISTIAN COUNSELING FOR WOMEN**

#### **COURSE DESCRIPTION**

This course examines common issues as it relates to counseling women. It explores the biblical perspectives and developmental /cultural situations that will help prepare the student to engage in counseling to this population group.

#### **RATIONALE**

Designed to educate, equip, and serve those who help others, this course covers major women's issues that span the stages of a woman's life. The aim of this course is three-fold. First, this course aims to give those ministering to women resources and knowledge to draw from, especially those areas of need outside their own experience. Secondly, this course aims to provide a body of material that will inspire, challenge, and enhance everyday life for any woman. Thirdly, this course is designed to bless any woman who wants to grow in Christ and seek God's best for her life.

#### **I. PREREQUISITES**

None.

#### **II. REQUIRED RESOURCE PURCHASES**

Click on the following link to view the required resources for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

#### **III. ADDITIONAL MATERIALS FOR LEARNING**

- A. Computer with basic audio and video equipment
- B. Internet access (broadband recommended)
- C. Microsoft Word  
(Microsoft Office is available at a special discount to Liberty University students.)

#### **IV. MEASURABLE LEARNING OUTCOMES**

Upon successful completion of this course, the student will be able to:

- A. Identify spiritual, emotional, and physical goals of counseling women.
- B. Describe how a defensive personality structure influences a woman's life.

- C. Identify ways to properly navigate through and successfully handle major life transitions and circumstances.
- D. Identify how to assess life's problems in a positive, solution-focused way (Problems include: women and depression, stress and anxiety, body image and eating disorders, healing from sexual abuse, and spousal abuse).
- E. Describe ways of making a marriage great, including finding sexual satisfaction, spiritual intimacy with your husband, and living in a marriage without regret.
- F. Identify ways to help women with family life.

**V. COURSE REQUIREMENTS AND ASSIGNMENTS**

- A. Textbook readings and presentation lessons with notes
- B. Discussion Board Forums (4)

The student will participate in four Discussion Board forums. Each forum consists of two parts: the initial thread and the reply posts. The initial thread is the student's response to the instructor's prompt and must be at least a half page up to a full page, double-spaced in length. The initial thread must be posted by 11:59 p.m. (ET) Friday of the corresponding module. The reply post is the second part of the DB forum and is the student's reply to other students' posts. The student will reply to at least three other students' postings. Replies must be more than "I agree" or "I disagree." Replies must be submitted by 11:59 p.m. (ET) Monday of the corresponding module. Module/Week 8 is the exception, with the replies due by 11:59 p.m. (ET) on Friday.

- C. Research Paper

The student will write a research paper on a major topic within women's issues, approved by the instructor. The topic must be related to one of the following units: life transitions, life enrichment, life problems, marital life, or family life. The research paper will include a minimum of 10 cited sources. The paper, including citations, must follow APA guidelines. This paper topic is due in Module/Week 3 and the assignment must be submitted in Module/Week 7.

- D. Class Introductions

The students will write at least a one paragraph introduction to the rest of the class. The Introductions are due in Module/Week 1.

## E. Exams (5)

The student will complete five exams. The exams are open-note/open-book. The exams will contain multiple-choice and T/F questions. The student will have one hour and twenty minutes to complete each exam. Each exam is worth 100 points towards the student's final grade. The first four exams must be completed by 11:59 p.m. (ET) Monday of the corresponding module. The fifth exam must be completed by 11:59 p.m. (ET) on Friday of Module/Week 8.

## VI. COURSE GRADING AND POLICIES

## A. Points

Class Introductions	30
DB threads forums 1–4 (50 pts ea)	200
DB replies forums 1–4 (30 pts ea)	120
Research Paper	150
Exams 1–5 (100 pts ea)	500

**Total**      1000

## B. Scale

A = 900–1000 B = 800–899 C = 700–799 D = 600–699 F = 0–599

## C. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at [luoodas@liberty.edu](mailto:luoodas@liberty.edu) to make arrangements for academic accommodations.

## ***COURSE SCHEDULE***

### **CCOU 304**

Textbooks: Moore et al., *A Woman and Her God: Life-Enriching Messages: Extraordinary women* (2004).

<b>WEEK/ MODULE</b>	<b>READING &amp; STUDY</b>	<b>ASSIGNMENTS</b>	<b>POINTS</b>
<b>1</b>	Moore et al.: chs. 1-2: 4 Presentations 4 lecture notes	Course Requirements Checklist Class Introductions DB Forum 1 thread DB Forum 1 replies	0 30 50 30
<b>2</b>	4 Presentations 4 lecture notes	Exam1	100
<b>3</b>	Moore et al.: ch. 3 4 Presentations 4 lecture notes	Research Paper-Topic Submission Exam 2	0 100
<b>4</b>	Moore et al.: ch. 4 4 Presentations 4 lecture notes	DB Forum 2 thread DB Forum 2 replies	50 30
<b>5</b>	4 Presentations 4 lecture notes	Exam 3	100
<b>6</b>	Moore et al.: ch. 5 4 Presentations 4 lecture notes	Exam 4	100
<b>7</b>	Moore et al.: ch. 6 4 Presentations 4 lecture notes	DB Forum 3 thread DB Forum 3 replies Research Paper	50 30 150
<b>8</b>	Moore et al.: ch. 7 2 Presentations 2 lecture notes	DB Forum 4 thread DB Forum 4 replies Exam 5	50 30 100
<b>TOTAL</b>			<b>1000</b>

DB = Discussion Board

**NOTE:** Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.