

Note:

Course content may be changed, term to term, without notice. The information below is provided as a guide for course selection and is not binding in any form, and should not be used to purchase course materials.

COURSE SYLLABUS

CCOU 201

INTRODUCTION TO CHRISTIAN COUNSELING

COURSE DESCRIPTION

This course serves as an introduction to Christian counseling and helping ministry with special attention given to tough issues that pain today's generations, the modern-day search for answers, and the biblical basis for a counseling ministry.

RATIONALE

This course is designed to educate, equip, and serve those helping in Christian ministries, delivering essential knowledge and skill to help students become proficient in helping within Christian ministry. The aim of this course is three-fold. First, this course aims to give those ministering to others basic resources and knowledge, especially in the areas of need outside their own experience; secondly, this course aims to provide a body of material that will inspire, challenge, and enhance the everyday lives of those being helped; and thirdly, this course aims to bless anyone who wants to grow in Christ and seek God's best in their life.

I. PREREQUISITES

None.

II. REQUIRED RESOURCE PURCHASES

Click on the following link to view the required resources for the term in which you are registered: <http://bookstore.mbsdirect.net/liberty.htm>

III. ADDITIONAL MATERIALS FOR LEARNING

- A. Computer with basic audio and video equipment
- B. Internet access (broadband recommended)
- C. Microsoft Word
(Microsoft Office is available at a special discount to Liberty University students.)

IV. MEASURABLE LEARNING OUTCOMES

Upon successful completion of this course, the student will be able to:

- A. Develop a general awareness of the breadth of tough issues facing today's generations.
- B. Conduct an effective helping ministry.
- C. Build a general framework of the skills needed to perform a basic ministry in Christian counseling.

- D. Identify patterns of faulty thinking.
- E. Teach others how intimacy with God transforms relationships.
- F. Discuss what the Bible teaches about helping people meet the challenges related to change.
- G. Construct a program to help others with anger management.
- H. Provide hope-focused marriage counseling.
- I. Establish proper sexual dialogue while maintaining clear sexual boundaries.

V. COURSE REQUIREMENTS AND ASSIGNMENTS

- A. Textbook readings and presentations with lecture notes
- B. Discussion Board forums (6)

The student will participate in six discussion board forums. Each forum contains two parts, the initial thread and the reply post(s). For the first part, the student will create an initial thread, in which they will respond to the instructor's prompt. The student's initial thread will be at least one half to a full page, (approximately 200 words) double-spaced and must be submitted by 11:59 p.m. (ET) Friday of the corresponding module. For the second part, the student will reply to one or two other students' posts (see specific number in the DB area) by 11:59 p.m. (ET) Monday. Reply posts will be 100 words or more in length for **each** reply. The grade breakdown for the DB forums is listed below.

- C. Paper

After reading *Discipleship Counseling*, the student will write a 5–7 page paper. The paper will detail at least three major themes that the student took away from the book. The student must support this paper with a minimum of 3 additional sources, which must be cited correctly, according to the APA (6th edition) manual. This assignment is worth 250 points towards the student's final grade and must be submitted no later than 11:59 p.m. (ET) Monday of Module/Week 5. For specific details regarding this paper, see About Your Course.

- D. Exams (2)

The student will take two exams, a Mid-term in Module/Week 4 and a Final in Module/Week 8. The Mid-term will cover Modules 1–4, and the Final will cover Modules 5–8. The student will have one hour and twenty minutes to complete each exam. Both exams will open-book and open-notes and will contain eighty multiple-choice and true/false questions. The Mid-term will be worth 200 points towards the student's final grade and the Final will be worth 300 points towards the student's final grade.

VI. COURSE GRADING AND POLICIES**A. Points**

Discussion Board forum 1	30
Discussion Board forum 2	30
Discussion Board forum 3	40
Discussion Board forum 4	50
Discussion Board forum 5	50
Discussion Board forum 6	50
Discipleship Paper	250
Mid-term (Modules 1–4)	200
Final (Modules 5–8)	300
Total	1000

B. Scale

A = 900–1000 B = 800–899 C = 700–799 D = 600–699 F = 0–599

C. Disability Assistance

Students with a documented disability may contact Liberty University Online's Office of Disability Academic Support (ODAS) at LUOODAS@liberty.edu to make arrangements for academic accommodations.

COURSE SCHEDULE

CCOU 201

Textbooks: Anderson, *Discipleship Counseling* (2003).
Clinton et al., *Caring for People God's Way* (2009).

WEEK/ MODULE	READING & STUDY	ASSIGNMENTS	POINTS
1	Clinton et al.: ch. 1 Anderson: chs. 1–4 2 presentations 2 lecture notes	Course Requirements Checklist Class Introductions DB Forum 1	0 0 30
2	Clinton et al.: ch. 2 Anderson: chs. 5–8 2 presentations 2 lecture notes	DB Forum 2	30
3	Clinton et al.: ch. 3 Anderson: chs. 9–12 2 presentations 2 lecture notes	DB Forum 3	40
4	Clinton et al.: ch. 4 Anderson: chs. 13–16 2 presentations 2 lecture notes	DB Forum 4 Mid-Term Exam	50 200
5	Clinton et al.: ch. 6 Anderson: Finish book 2 presentations 2 lecture notes	Discipleship Paper	250
6	Clinton et al.: ch. 10 2 presentations 2 lecture notes	DB Forum 5	50
7	3 presentations 3 lecture notes	DB Forum 6	50
8	Clinton et al.: ch. 13 2 presentations 2 lecture notes	Final Exam	300
TOTAL			1000

DB= Discussion Board

NOTE: Each course week (except week 1) begins on Tuesday morning at 12:00 a.m. (ET) and ends on Monday night at 11:59 p.m. (ET). The final week ends at 11:59 p.m. (ET) on Friday.